

## ENGAGING GOSPEL DOCTRINE 100.2

### **Lesson 23 (Study Notes):** “The Lord Be Between Thee and Me For Ever”

**Class Member Reading:** 1 Samuel 18, 19, 20, 23, 24

<sup>18</sup>When David had finished speaking to Saul, the **soul of Jonathan was bound to the soul of David, and Jonathan loved him as his own soul.** <sup>2</sup>Saul took him that day and would not let him return to his father’s house. <sup>3</sup>Then **Jonathan made a covenant with David,** because **he loved him as his own soul.** <sup>4</sup>Jonathan stripped himself of the robe that he was wearing, and gave it to David, and his armor, and even his sword and his bow and his belt. **This action represents political surrender; Jonathan is formally acknowledging David, not himself, as successor to the throne.** <sup>5</sup>David went out and was successful wherever Saul sent him; as a result, Saul set him over the army. And all the people, even the servants of Saul, approved.

<sup>6</sup>As they were coming home, when David returned from killing the Philistine, the women came out of all the towns of Israel, singing and dancing, to meet King Saul, with tambourines, with songs of joy, and with musical instruments. <sup>7</sup>And the women sang to one another as they made merry, “Saul has killed his thousands, and David his ten thousands.” <sup>8</sup>Saul was very angry, for this saying displeased him. He said, “They have ascribed to David ten thousands, and to me they have ascribed thousands; what more can he have but the kingdom?” <sup>9</sup>So Saul eyed David from that day on. <sup>10</sup>The next day an **evil spirit from God rushed upon Saul,** and he raved within his house, while David was playing the lyre, as he did day by day. Saul had his spear in his hand;<sup>11</sup> and Saul threw the spear, for he thought, “I will pin David to the wall.” But David eluded him twice.

<sup>12</sup>Saul was afraid of David, because the LORD was with him but had departed from Saul. <sup>13</sup>So Saul removed him from his presence, and made him a commander of a thousand; and David marched out and came in, leading the army. <sup>14</sup>David had success in all his undertakings; for the LORD was with him. <sup>15</sup>When Saul saw that he had great success, he stood in awe of him. <sup>16</sup>But all Israel and Judah loved David; for it was he who marched out and came in leading them. <sup>17</sup>Then Saul said to David, “Here is my elder daughter Merab; I will give her to you as a wife; only be valiant for me and fight the Lord’s battles.” For Saul thought, “I will not raise a hand against him; let the Philistines deal with him.” (foreshadowing David’s sending Uriah to

the front lines?)<sup>18</sup> David said to Saul, “Who am I and who are my kinsfolk, my father’s family in Israel, that I should be son-in-law to the king?”<sup>19</sup> But at the time when Saul’s daughter Merab should have been given to David, she was given to Adriel the Meholathite as a wife.<sup>20</sup> Now **Saul’s daughter Michal loved David.** Wow! The Jewish Study Bible notes “Michal is the only woman in all biblical narrative of whom it is said that she loves a man” Saul was told, and the thing pleased him.<sup>21</sup> Saul thought, “Let me give her to him **that she may be a snare for him** and that the hand of the Philistines may be against him.” Therefore Saul said to David a second time, “You shall now be my son-in-law.”<sup>22</sup> Saul commanded his servants, “Speak to David in private and say, ‘See, the king is delighted with you, and all his servants love you; now then, become the king’s son-in-law.’”<sup>23</sup> So Saul’s servants reported these words to David in private. And David said, “Does it seem to you a little thing to become the king’s son-in-law, seeing that I am a poor man (he isn’t just being humble; he can’t afford the bride price/dowry) and of no repute?”<sup>24</sup> The servants of Saul told him, “This is what David said.”<sup>25</sup> Then Saul said, “Thus shall you say to David, ‘The king desires no marriage present except a hundred foreskins of the Philistines, that he may be avenged on the king’s enemies.’” (Best present ever? It is the collecting that is tricky...) Now Saul planned to make David fall by the hand of the Philistines.<sup>26</sup> When his servants told David these words, David was well pleased to be the king’s son-in-law. Before the time had expired,<sup>27</sup> David rose and went, along with his men, and killed one hundred of the Philistines; and David brought their foreskins, which were given in full number to the king, that he might become the king’s son-in-law. Saul gave him his daughter Michal as a wife.<sup>28</sup> But when Saul realized that the LORD was with David, and that Saul’s daughter Michal loved him,<sup>29</sup> Saul was still more afraid of David. So Saul was David’s enemy from that time forward.<sup>30</sup> Then the commanders of the Philistines came out to battle; and as often as they came out, David had more success than all the servants of Saul, so that his fame became very great.

**19** Saul spoke with his son Jonathan and with all his servants about killing David. But **Saul’s son Jonathan took great delight in David.**<sup>2</sup> Jonathan told David, “My father Saul is trying to kill you; therefore be on guard tomorrow morning; stay in a secret place and hide yourself.<sup>3</sup> I will go out and stand beside my father in the field where you are, and I will speak to my father about you; if I learn anything I will tell you.”<sup>4</sup> Jonathan spoke well of David to his father Saul, saying to him, “The king should not sin against his servant David, because he has not sinned against you, and because his deeds have been of good service to you;<sup>5</sup> for he took his life in his hand when he attacked the Philistine, and the LORD brought about a great victory for all Israel. You saw it, and rejoiced; why then will you sin against an innocent person by killing David without cause?”<sup>6</sup> **Saul heeded the voice of Jonathan;** Saul swore, “As the LORD lives, he shall not be put to death.”<sup>7</sup> So Jonathan called David and related all these things to him. Jonathan then brought

David to Saul, and he was in his presence as before.

<sup>8</sup>Again there was war, and David went out to fight the Philistines. He launched a heavy attack on them, so that they fled before him. <sup>9</sup>**Then an evil spirit from the LORD came upon Saul**, as he sat in his house with his spear in his hand, while David was playing music. <sup>10</sup>Saul sought to pin David to the wall with the spear; but he eluded Saul, so that he struck the spear into the wall. David fled and escaped that night.

<sup>11</sup>Saul sent messengers to David's house to keep watch over him, planning to kill him in the morning. **David's wife Michal told him**, "If you do not save your life tonight, tomorrow you will be killed." <sup>12</sup>So Michal let David down through the window; he fled away and escaped. <sup>13</sup>Michal took an idol and laid it on the bed; she put a net of goats' hair on its head, and covered it with the clothes. <sup>14</sup>When Saul sent messengers to take David, she said, "He is sick." <sup>15</sup>Then Saul sent the messengers to see David for themselves. He said, "Bring him up to me in the bed, that I may kill him." <sup>16</sup>When the messengers came in, the idol was in the bed, with the covering of goats' hair on its head. <sup>17</sup>Saul said to Michal, "Why have you deceived me like this, and let my enemy go, so that he has escaped?" Michal answered Saul, "He said to me, 'Let me go; why should I kill you?'"

<sup>18</sup>Now David fled and escaped; he came to Samuel at Ramah, and told him all that Saul had done to him. He and Samuel went and settled at Naioth. <sup>19</sup>Saul was told, "David is at Naioth in Ramah." <sup>20</sup>Then Saul sent messengers to take David. When they saw the company of the prophets in a frenzy, with Samuel standing in charge of them, the spirit of God came upon the messengers of Saul, and they also fell into a **prophetic frenzy**. <sup>21</sup>When Saul was told, he sent other messengers, and they also fell into a frenzy. Saul sent messengers again the third time, and they also fell into a frenzy. <sup>22</sup>Then he himself went to Ramah. He came to the great well that is in Secu; he asked, "Where are Samuel and David?" And someone said, "They are at Naioth in Ramah." <sup>23</sup>He went there, toward Naioth in Ramah; and the spirit of God came upon him. As **he was going, he fell into a prophetic frenzy**, until he came to Naioth in Ramah. <sup>24</sup>He too stripped off his clothes, and he too fell into a frenzy before Samuel. He lay naked all that day and all that night. Therefore it is said, "Is Saul also among the prophets?" **What is up with this? Seems dual tradition relating to the story told in 1 Samuel 10.**

**20**David fled from Naioth in Ramah. He came before Jonathan and said, "What have I done? What is my guilt? And what is my sin against your father that he is trying to take my life?" <sup>2</sup>He said to him, "Far from it! You shall not die. My father does nothing either great or small without disclosing it to me; and why should my father hide this from me? Never!" <sup>3</sup>But David also

swore, "Your father knows well that you like me; and he thinks, 'Do not let Jonathan know this, or he will be grieved.' But truly, as the LORD lives and as you yourself live, there is but a step between me and death." <sup>4</sup>Then Jonathan said to David, "**Whatever you say, I will do for you.**" <sup>5</sup>David said to Jonathan, "Tomorrow is the new moon, and I should not fail to sit with the king at the meal; but let me go, so that I may hide in the field until the third evening. <sup>6</sup>If your father misses me at all, then say, 'David earnestly asked leave of me to run to Bethlehem his city; for there is a yearly sacrifice there for all the family.' <sup>7</sup>If he says, 'Good!' it will be well with your servant; but if he is angry, then know that evil has been determined by him. <sup>8</sup>Therefore deal kindly with your servant, for you have brought your servant into a sacred covenant with you. But if there is guilt in me, kill me yourself; why should you bring me to your father?"

<sup>9</sup>Jonathan said, "Far be it from you! If I knew that it was decided by my father that evil should come upon you, would I not tell you?" <sup>10</sup>Then David said to Jonathan, "Who will tell me if your father answers you harshly?" <sup>11</sup>Jonathan replied to David, "Come, let us go out into the field." So they both went out into the field. <sup>12</sup>Jonathan said to David, "By the LORD, the God of Israel! When I have sounded out my father, about this time tomorrow, or on the third day, if he is well disposed toward David, shall I not then send and disclose it to you? <sup>13</sup>But if my father intends to do you harm, the LORD do so to Jonathan, and more also, if I do not disclose it to you, and send you away, so that you may go in safety. May the LORD be with you, as he has been with my father. <sup>14</sup>If I am still alive, show me the faithful love of the LORD; but if I die, <sup>15</sup>**never cut off your faithful love from my house**, even if the LORD were to cut off every one of the enemies of David from the face of the earth." <sup>16</sup>**Thus Jonathan made a covenant with the house of David, saying, "May the LORD seek out the enemies of David."** <sup>17</sup>**Jonathan made David swear again by his love for him; for he loved him as he loved his own life.** <sup>18</sup>Jonathan said to him, "Tomorrow is the new moon; you will be missed, because your place will be empty. <sup>19</sup>On the day after tomorrow, you shall go a long way down; go to the place where you hid yourself earlier, and remain beside the stone there. <sup>20</sup>I will shoot three arrows to the side of it, as though I shot at a mark. <sup>21</sup>Then I will send the boy, saying, 'Go, find the arrows.' If I say to the boy, 'Look, the arrows are on this side of you, collect them,' then you are to come, for, as the LORD lives, it is safe for you and there is no danger. <sup>22</sup>But if I say to the young man, 'Look, the arrows are beyond you,' then go; for the LORD has sent you away. <sup>23</sup>As for the matter about which you and I have spoken, the LORD is witness between you and me forever."

<sup>24</sup>So David hid himself in the field. When the new moon came, the king sat at the feast to eat. <sup>25</sup>The king sat upon his seat, as at other times, upon the seat by the wall. Jonathan stood, while Abner sat by Saul's side; but David's place was empty. <sup>26</sup>Saul did not say anything that day; for he thought, "Something has befallen him; he is not clean, surely he is not clean." <sup>27</sup>But

on the second day, the day after the new moon, David's place was empty. And Saul said to his son Jonathan, "Why has the son of Jesse not come to the feast, either yesterday or today?" <sup>28</sup> Jonathan answered Saul, "David earnestly asked leave of me to go to Bethlehem; <sup>29</sup> he said, 'Let me go; for our family is holding a sacrifice in the city, and my brother has commanded me to be there. So now, if I have found favor in your sight, let me get away, and see my brothers.' For this reason he has not come to the king's table." <sup>30</sup> Then Saul's anger was kindled against Jonathan. He said to him, "You son of a perverse, rebellious woman! Do I not know that you have chosen the son of Jesse to your own shame, and to the shame of your mother's nakedness? <sup>31</sup> For as long as the son of Jesse lives upon the earth, neither you nor your kingdom shall be established. Now send and bring him to me, for he shall surely die." <sup>32</sup> Then Jonathan answered his father Saul, "Why should he be put to death? What has he done?" <sup>33</sup> But Saul threw his spear at him to strike him; so Jonathan knew that it was the decision of his father to put David to death. <sup>34</sup> Jonathan rose from the table in fierce anger and ate no food on the second day of the month, for he was grieved for David, and because his father had disgraced him.

<sup>35</sup> In the morning Jonathan went out into the field to the appointment with David, and with him was a little boy. <sup>36</sup> He said to the boy, "Run and find the arrows that I shoot." As the boy ran, he shot an arrow beyond him. <sup>37</sup> When the boy came to the place where Jonathan's arrow had fallen, Jonathan called after the boy and said, "Is the arrow not beyond you?" <sup>38</sup> Jonathan called after the boy, "Hurry, be quick, do not linger." So Jonathan's boy gathered up the arrows and came to his master. <sup>39</sup> But the boy knew nothing; only Jonathan and David knew the arrangement. <sup>40</sup> Jonathan gave his weapons to the boy and said to him, "Go and carry them to the city." <sup>41</sup> **As soon as the boy had gone, David rose from beside the stone heap and prostrated himself with his face to the ground. He bowed three times, and they kissed each other, and wept with each other; David wept the more.** <sup>42</sup> Then Jonathan said to David, "Go in peace, since both of us have sworn in the name of the LORD, saying, 'The LORD shall be between me and you, and between my descendants and your descendants, forever.'" He got up and left; and Jonathan went into the city.

**23** Now they told David, "The Philistines are fighting against Keilah, and are robbing the threshing floors." <sup>2</sup> David inquired of the LORD, "Shall I go and attack these Philistines?" The LORD said to David, "Go and attack the Philistines and save Keilah." <sup>3</sup> But David's men said to him, "Look, we are afraid here in Judah; how much more then if we go to Keilah against the armies of the Philistines?" <sup>4</sup> Then David inquired of the LORD again. The LORD answered him, "Yes, go down to Keilah; for I will give the Philistines into your hand." <sup>5</sup> So David and his men went to Keilah, fought with the Philistines, brought away their livestock, and dealt them a

heavy defeat. Thus David rescued the inhabitants of Keilah. <sup>6</sup>When Abiathar son of Ahimelech fled to David at Keilah, he came down with an ephod in his hand.

<sup>7</sup>Now it was told Saul that David had come to Keilah. And Saul said, "God has given him into my hand; for he has shut himself in by entering a town that has gates and bars." <sup>8</sup>Saul summoned all the people to war, to go down to Keilah, to besiege David and his men. <sup>9</sup>When David learned that Saul was plotting evil against him, he said to the priest Abiathar, "Bring the ephod here." <sup>10</sup>David said, "O LORD, the God of Israel, your servant has heard that Saul seeks to come to Keilah, to destroy the city on my account. <sup>11</sup>And now, will Saul come down as your servant has heard? O LORD, the God of Israel, I beseech you, tell your servant." The LORD said, "He will come down." <sup>12</sup>Then David said, "Will the men of Keilah surrender me and my men into the hand of Saul?" The LORD said, "They will surrender you." <sup>13</sup>Then David and his men, who were about six hundred, set out and left Keilah; they wandered wherever they could go. When Saul was told that David had escaped from Keilah, he gave up the expedition.

<sup>14</sup>David remained in the strongholds in the wilderness, in the hill country of the Wilderness of Ziph. Saul sought him every day, but the LORD did not give him into his hand. <sup>15</sup>David was in the Wilderness of Ziph at Horesh when he learned that Saul had come out to seek his life. <sup>16</sup>Saul's son Jonathan set out and came to David at Horesh; there he strengthened his hand through the LORD. <sup>17</sup>**He said to him, "Do not be afraid; for the hand of my father Saul shall not find you; you shall be king over Israel, and I shall be second to you; my father Saul also knows that this is so."** <sup>18</sup>**Then the two of them made a covenant before the LORD; David remained at Horesh, and Jonathan went home.**

<sup>19</sup>Then some Ziphites went up to Saul at Gibeah and said, "David is hiding among us in the strongholds of Horesh, on the hill of Hachilah, which is south of Jeshimon. <sup>20</sup>Now, O king, whenever you wish to come down, do so; and our part will be to surrender him into the king's hand." <sup>21</sup>Saul said, "May you be blessed by the LORD for showing me compassion! <sup>22</sup>Go and make sure once more; find out exactly where he is, and who has seen him there; for I am told that he is very cunning. <sup>23</sup>Look around and learn all the hiding places where he lurks, and come back to me with sure information. Then I will go with you; and if he is in the land, I will search him out among all the thousands of Judah." <sup>24</sup>So they set out and went to Ziph ahead of Saul. David and his men were in the wilderness of Maon, in the Arabah to the south of Jeshimon. <sup>25</sup>Saul and his men went to search for him. When David was told, he went down to the rock and stayed in the wilderness of Maon. When Saul heard that, he pursued David into the wilderness of Maon. <sup>26</sup>Saul went on one side of the mountain, and David and his men on the other side of the mountain. David was hurrying to get away from Saul, while Saul and his men were closing in on David and his men to capture them. <sup>27</sup>Then a messenger came to Saul, saying, "Hurry and come;

for the Philistines have made a raid on the land.”<sup>28</sup> So Saul stopped pursuing David, and went against the Philistines; therefore that place was called the Rock of Escape.<sup>29</sup> David then went up from there, and **lived in the strongholds of En-gedi.**

**24** When Saul returned from following the Philistines, he was told, “David is in the wilderness of En-gedi.”<sup>2</sup> Then Saul took three thousand chosen men out of all Israel, and went to look for David and his men in the direction of the Rocks of the Wild Goats.<sup>3</sup> He came to the sheepfolds beside the road, where there was a cave; and Saul went in to relieve himself. Now David and his men were sitting in the innermost parts of the cave.<sup>4</sup> The men of David said to him, “Here is the day of which the LORD said to you, ‘I will give your enemy into your hand, and you shall do to him as it seems good to you.’” Then David went and stealthily cut off a corner of Saul’s cloak.<sup>5</sup> Afterwards David was stricken to the heart because he had cut off a corner of Saul’s cloak.<sup>6</sup> He said to his men, “**The LORD forbid that I should do this thing to my lord, the Lord’s anointed, to raise my hand against him; for he is the Lord’s anointed.**”<sup>7</sup> So David scolded his men severely and did not permit them to attack Saul. Then Saul got up and left the cave, and went on his way.<sup>8</sup> Afterwards David also rose up and went out of the cave and called after Saul, “My lord the king!” When Saul looked behind him, David bowed with his face to the ground, and did obeisance.

<sup>9</sup> David said to Saul, “Why do you listen to the words of those who say, ‘David seeks to do you harm’?”<sup>10</sup> This very day your eyes have seen how the LORD gave you into my hand in the cave; and some urged me to kill you, but **I spared you. I said, ‘I will not raise my hand against my lord; for he is the Lord’s anointed.’**<sup>11</sup> See, **my father**, see the corner of your cloak in my hand; for by the fact that I cut off the corner of your cloak, and did not kill you, you may know for certain that there is no wrong or treason in my hands. I have not sinned against you, though you are hunting me to take my life.<sup>12</sup> May the LORD judge between me and you! May the LORD avenge me on you; but my hand shall not be against you.<sup>13</sup> As the ancient proverb says, ‘Out of the wicked comes forth wickedness’; but my hand shall not be against you.<sup>14</sup> Against whom has the king of Israel come out? Whom do you pursue? A dead dog? A single flea?<sup>15</sup> May the LORD therefore be judge, and give sentence between me and you. May he see to it, and plead my cause, and vindicate me against you.”

<sup>16</sup> When David had finished speaking these words to Saul, Saul said, “Is this your voice, **my son David?**” Saul lifted up his voice and wept.<sup>17</sup> He said to David, “**You are more righteous than I; for you have repaid me good, whereas I have repaid you evil.**”<sup>18</sup> Today you have explained how you have dealt well with me, in that you did not kill me when the LORD put me into your hands.<sup>19</sup> For who has ever found an enemy, and sent the enemy safely away? So may

the LORD reward you with good for what you have done to me this day. <sup>20</sup>Now I know that you shall surely be king, and that the kingdom of Israel shall be established in your hand. <sup>21</sup>**Swear to me therefore by the LORD that you will not cut off my descendants after me, and that you will not wipe out my name from my father's house.**" <sup>22</sup>So David swore this to Saul. Then Saul went home; but David and his men went up to the stronghold.

Additional Reading: [1 Samuel 14:1-16](#); [2 Samuel 1](#)

<sup>14</sup>One day Jonathan son of Saul said to the young man who carried his armor, "Come, let us go over to the Philistine garrison on the other side." But he did not tell his father. <sup>2</sup>Saul was staying in the outskirts of Gibeah under the pomegranate tree that is at Migron; the troops that were with him were about six hundred men, <sup>3</sup>along with Ahijah son of Ahitub, Ichabod's brother, son of Phinehas son of Eli, the priest of the LORD in Shiloh, carrying an ephod. Now the people did not know that Jonathan had gone. <sup>4</sup>In the pass, by which Jonathan tried to go over to the Philistine garrison, there was a rocky crag on one side and a rocky crag on the other; the name of the one was Bozez, and the name of the other Seneh. <sup>5</sup>One crag rose on the north in front of Michmash, and the other on the south in front of Geba. <sup>6</sup>Jonathan said to the young man who carried his armor, "Come, let us go over to the garrison of these uncircumcised; it may be that the LORD will act for us; for nothing can hinder the LORD from saving by many or by few." <sup>7</sup>His armor-bearer said to him, "Do all that your mind inclines to. I am with you; as your mind is, so is mine." <sup>8</sup>Then Jonathan said, "Now we will cross over to those men and will show ourselves to them. <sup>9</sup>If they say to us, 'Wait until we come to you,' then we will stand still in our place, and we will not go up to them. <sup>10</sup>But if they say, 'Come up to us,' then we will go up; for the LORD has given them into our hand. That will be the sign for us." <sup>11</sup>So both of them showed themselves to the garrison of the Philistines; and the Philistines said, "Look, Hebrews are coming out of the holes where they have hidden themselves." <sup>12</sup>The men of the garrison hailed Jonathan and his armor-bearer, saying, "Come up to us, and we will show you something." Jonathan said to his armor-bearer, "Come up after me; for the LORD has given them into the hand of Israel." <sup>13</sup>Then Jonathan climbed up on his hands and feet, with his armor-bearer following after him. The Philistines fell before Jonathan, and his armor-bearer, coming after him, killed them. <sup>14</sup>In that first slaughter Jonathan and his armor-bearer killed about twenty men within an area about half a furrow long in an acre of land. <sup>15</sup>There was a panic in the camp, in the field, and among all the people; the garrison and even the raiders trembled; the earth quaked; and it became a very great panic.

<sup>16</sup>Saul's lookouts in Gibeah of Benjamin were watching as the multitude was surging back and forth.



## The Death of Saul and His Sons

**31** Now the Philistines fought against Israel; and the men of Israel fled before the Philistines, and many fell on Mount Gilboa. <sup>2</sup>The Philistines overtook Saul and his sons; and the Philistines killed Jonathan and Abinadab and Malchishua, the sons of Saul. <sup>3</sup>The battle pressed hard upon Saul; the archers found him, and he was badly wounded by them. <sup>4</sup>Then Saul said to his armour-bearer, 'Draw your sword and thrust me through with it, so that these uncircumcised may not come and thrust me through, and make sport of me.' But his armour-bearer was unwilling; for he was terrified. So Saul took his own sword and fell upon it. <sup>5</sup>When his armour-bearer saw that Saul was dead, he also fell upon his sword and died with him. <sup>6</sup>So Saul and his three sons and his armour-bearer and all his men died together on the same day. <sup>7</sup>When the men of Israel who were on the other side of the valley and those beyond the Jordan saw that the men of Israel had fled and that Saul and his sons were dead, they forsook their towns and fled; and the Philistines came and occupied them.

<sup>8</sup> The next day, when the Philistines came to strip the dead, they found Saul and his three sons fallen on Mount Gilboa. <sup>9</sup>They cut off his head, stripped off his armour, and sent messengers throughout the land of the Philistines to carry the good news to the houses of their idols and to the people. <sup>10</sup>They put his armour in the temple of Astarte; and they fastened his body to the wall of Beth-shan. <sup>11</sup>But when the inhabitants of Jabesh-gilead heard what the Philistines had done to Saul, <sup>12</sup>all the valiant men set out, travelled all night long, and took the body of Saul and the bodies of his sons from the wall of Beth-shan. They came to Jabesh and burned them there. <sup>13</sup>Then they took their bones and buried them under the tamarisk tree in Jabesh, and fasted for seven days.